

## Connected-My Life in the Church

### Lesson 2: Connected In Unity

Lesson Text: Ephesians 4:1-6

Background Scripture: 3:14-20

**Question:** Were you ever in situation where working together was a necessity, not an option?

**Humility:** *Is the lowliness of spirit that enables one to defer to others.*

**Gentleness:** *Is the meekness that enables restraint rather than overbearing use of strength.*

#### Ephesians 4:1-2

1 Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, (Col. 1:10; 1 thess. 2:11-12)

2 with all humility and gentleness, with patience, showing tolerance for one another in love,

#### Ephesians 4:3

3 being diligent to preserve the unity of the Spirit in the bond of peace. (Col. 3:14-17)

#### Ephesians 4:4-6

4 There is one body and one Spirit, just as also you were called in one hope of your calling; (Romans 12:4-5; 1 Cor. 1:12-13)

5 one Lord, one faith, one baptism, (1Cor. 12:12)

6 one God and Father of all who is over all and through all and in all. (Malachi 2:10)

#### Application Questions:

- What in these verses do you find most difficult to apply? (vs. 1-2)
- Why does staying unified require so much effort?
- Since churches are diverse, what unifies us as the body of Christ?
- What steps can we take to model unity in our church and community?



## Live It Out

**Don't participate in gossip.** Stop gossip when it's shared with you and look for ways to encourage people instead.

**Forgive.** We've all been wronged. Identify any grudges you've been harboring and forgive the people involved.

**Seek forgiveness.** Work with the Holy Spirit to identify ways in which you have contributed to division within your church. Confess your actions and seek forgiveness.